AFRICA AGEING
Beyond Madrid +10

1st Africa Region Conference of Gerontology and Geriatrics

17–20 October 2012 | Cape Town, South Africa

www.iagg.cmc-uct.co.za
Welcome to the Africa Ageing: Beyond Madrid +10 Conference

Ten years after African governments adopted the UN Madrid International Plan of Action on Ageing and the African Union Policy Framework and Plan of Action on Ageing, this historic conference will, for the first time, bring together research, civil society, policy and practice role players from across Africa and beyond to deliberate on issues of ageing in the continent.

The Conference programme will provide a unique platform not only for knowledge transfer and cutting edge debate on the realities of old age and older persons in Africa’s societies, but also to forge directions for addressing the challenges and harnessing the opportunities of ageing in the region.

More than 20 parallel sessions and convened symposia covering three tracks will address critical questions on the social, health, care and economic dimensions of ageing, while special round tables will explore avenues and approaches for advancing research and training on ageing in Africa. A dedicated half-day symposium on Geriatric Care in Africa will provide state-of-the-art instruction on key aspects of clinical and social care for older persons.

The four Conference plenary sessions featuring prominent African and international speakers will address issues of cross-cutting relevance to all dimensions of ageing in the continent.

An exciting social programme and professional site visits have been planned, in which you are invited to participate within the vibrant setting of Cape Town.

I greatly look forward to welcoming you to this unique Conference, where you will join colleagues from across Africa and further abroad in debating, building capacity, networking and setting agenda on ‘Africa Ageing.’

Isabella Aboderin
Conference Convenor

REGISTER BY 20 JULY TO BENEFIT FROM THE EXTENDED EARLY-BIRD REGISTRATION DEADLINE
**Key SPEAKERS**

**Richard Blewitt**  
CEO, HelpAge International

**Dr. Alex Ezeh**  
Executive Director, African Population and Health Research Center

**Professor Alain Franco**  
Secretary General, IAGG

**Professor Melvyn Freeman** (tbc)  
Director, Non-communicable Diseases Cluster, Department of Health, South Africa

**Dr. Alex Kalache**  
President, International Longevity Centre Brazil

**Rosemary Lane**  
United Nations Focal Point on Ageing

**Professor Wolfgang Lutz**  
Head, World Population Program

**Commissioner Lawrence Mushwana**  
Chairperson, South Africa Human Rights Commission

**Thokozile Ruzvidzo**  
Director, African Centre for Gender and Social Development, United Nations Economic Commission for Africa

**Professor Collette Suda**  
Secretary for Gender and Social Development, Kenya

**Professor Bruno Vellas**  
President, IAGG

**Representative, Office of the High Commissioner on Human Rights**  
United Nations

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**OVERVIEW OF PROGRAMME**

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<th>WED 17 October</th>
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<td>PLENARY PANEL I</td>
<td>PLENARY PANEL III</td>
<td>SYMPOSIUM ON GERIATRIC CARE IN AFRICA</td>
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<td>Reception for Symposium Participants</td>
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<td>PLENARY PANEL II</td>
<td>CLOSING PLENARY SESSION</td>
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<td>Closing Ceremony</td>
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**Please view our website on how to register for the conference and for up-to-date information on confirmed speakers, presentations and session titles**

(www.iagg.cmc-uct.co.za)
Programme HIGHLIGHTS

PLENARY SESSIONS

Opening Plenary
The aims of MIPAA and the AU Plan are to enhance the well-being of older people in Africa. Through the voices of a spectrum of older men and women, the opening plenary will provide for critical reflections on the impact of implementation of the plans on the lives of older Africans. In so doing, the session will bring key perspectives into focus for reflection and discussion during the remainder of the Conference.

Plenary Panel I: Health and Social Policy Action on Ageing in Africa
Drawing on analyses by high-level representatives of global, inter-governmental and civil society bodies, the panel will examine contexts, barriers and drivers that shape health and social policy action on ageing in the continent. Directions and opportunities will be identified for advancing action in these domains in the coming years.

Plenary Panel II: Human Rights and Older Persons in Africa
This panel will assess regional developments on human rights of older persons in Africa, and identify key challenges to, and opportunities for ensuring their realisation within national policy and social contexts. Discussion will identify a role, moreover, for Africa in advancing the global initiative on a UN convention on human rights of older persons.

Closing Plenary
A prestigious International Longevity Centre (ILC) Robert Butler Memorial lecture will be given in this Plenary to honour the legacy and contribution of Dr Butler to our understanding of challenges and opportunities of longevity, health and ageing for societies and individuals. Invited speakers will then reflect incisively on outcomes of the Conference, and propose agendas to advance knowledge and action on ageing in Africa.
### Parallel Sessions

#### Convened Symposia

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<tr>
<th>Track 1: Participation and Development</th>
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| - Social protection programmes for older people: impacts and lessons learnt  
  Convenor: HelpAge International |

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<th>Track 2: Health and Health Care</th>
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| - Adapting health services in Africa for non-communicable diseases in older persons  
  Convenor: Prof. Robert Cumming, School of Public Health, University of Sydney |
| - Health and functioning in older Africans: evidence from WHO’s SAGE  
  Convenor: Dr. Paul Kowal, Department of Health Statistics and Health Information Systems, World Health Organization |
| - The “big five” geriatric syndromes: epidemiology and responses in Africa  
  Convenor: Prof. Bilkish Cassim, Department of Geriatrics, University of KwaZulu Natal |
| - Dementia in Africa  
  Convenor: Cochrane Dementia Group, Oxford, UK |
| - Nutrition and health in old age  
  Convenor: Prof. Karen Charlton, School of Health Sciences, University of Wollongong |

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<th>Track 3: Environments and Communities</th>
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| - Elder abuse in Africa  
  Convenor: International Network for the Prevention of Elder Abuse (INPEA) |
| - Long-term care services for older persons: sound practice in Africa  
  Convenor: Geratec |

### Papers Sessions

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<tr>
<td>- Older persons caring for younger generations</td>
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<td>- Pensions, retirement and well-being</td>
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<td>- Old age poverty in rural and urban contexts</td>
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<td>- Socio-economic inequality in the older population</td>
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<td>- Older persons as agents of change in the context of poverty and HIV/AIDS</td>
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<th>Track 2: Health and Health Care</th>
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<td>- Ageing well: resilience and quality of life</td>
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<td>- Drivers and risk of a non-communicable disease epidemic in the older population</td>
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<td>- Ageing of the HIV/AIDS epidemic: trends, experiences, responses</td>
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<td>- Older persons’ access to health care: understanding patterns and barriers</td>
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### Special Round Tables

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<th>Track on Geriatric Care in Africa</th>
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<td>- Advancing gerontological and geriatric training in Africa</td>
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<tr>
<td>- Building longitudinal and nationally representative evidence on ageing in Africa</td>
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<td>- Research on ageing, families and societies in Africa: refining concepts and agendas</td>
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### Modules:

- Osteoporosis and falls
- Management of non-communicable diseases in older persons: specific clinical considerations
- Extra pyramidal disorders in older persons
- The frailty syndrome
- Current concepts in the management of delirium
- Legal perspectives in the practice of Geriatric Medicine
Conference VENUE

The venue for the Conference is the Protea Hotel President, a four-star hotel and conference centre on the Bantry Bay Beachfront. The hotel has excellent facilities, and offers well-appointed accommodation in 349 air-conditioned rooms facing either the Atlantic Ocean or Lion’s Head. The hotel is situated 5 minutes from the Victoria & Alfred Waterfront (a shuttle service is available), 5 minutes from Clifton and Camps Bay beaches, and 10 minutes from the Table Mountain Cable Way.

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Email: sales@presidenthotel.co.za
Web: www.proteahotels.com/protea-hotel-president.html

Cape Town

Cape Town is a vibrant, cosmopolitan city, and one of the world’s top tourist and convention destinations. A melting pot of African, European, Middle Eastern and Far Eastern influences, the city has a rich cultural legacy and historic built environment. Landmarks include Robben Island (a World Heritage site), the Victoria & Alfred Waterfront, the Planetarium, the South African National Gallery, the Houses of Parliament, the Two Oceans Aquarium, the Bo Kaap, and several museums and craft markets.

Presided over by majestic Table Mountain, the Mother City’s scenic beauty and diversity are seen in its national parks, at the Kirstenbosch National Botanical Garden, and at the beaches and in the nearby Cape Winelands.

Getting there

Direct flights to Cape Town are operated from several European, Middle East and Latin American cities. Other flights are routed through Joburg.
Accommodation

A block booking of rooms for Conference delegates is being held at the Protea President Hotel – the Conference venue. A range of accommodation in different price categories has been secured at nearby hotels as listed on the right.

Accommodation reservations should be made with the hotel directly. Please refer to the Accommodation Booking Form for rates.

Protea Hotel President
This 4-star hotel, the Conference venue, is situated in Bantry Bay, a block up from the Atlantic Ocean. It offers 349 spacious, well-appointed rooms with views of either the Lion’s Head mountain range or the ocean. All rooms are air-conditioned, and have a safe, satellite TV, internet access and a tea/coffee making facility. The hotel has a business centre, a travel desk, a restaurant, an outdoor swimming pool and a fitness centre.

www.proteahotels.com/president

Peninsula All-Suite Hotel
This Hotel, diagonally opposite the Conference venue, offers varied size suites with self-catering facilities, and views of the Atlantic Ocean or Lion’s Head. The studio suites, mini suites, luxury suites and super luxury suites have different features. The hotel offers various business services and a complimentary shuttle (8 mile radius), and has a restaurant, swimming pools and a fitness centre.

www.peninsula.co.za

Protea Hotel Sea Point
This 3-star hotel is situated in Sea Point, a half block up from the Atlantic Ocean and promenade. The hotel has 124 rooms with balconies with partial views of Lion’s Head and the Atlantic Ocean. All rooms are air-conditioned, and have a safe, satellite TV, a bar fridge and a tea/coffee making facility. The hotel has a business centre, a restaurant, a coffee shop, an outdoor swimming pool, a fitness centre and complimentary internet access in public areas.

www.proteahotels.com/protea-hotel-sea-point.html

New Kings Hotel
This hotel is situated in Main Road, Sea Point, and offers views of Lions Head, Table Mountain and the Atlantic Ocean. The hotel has a range of rooms and suites, each air-conditioned and with a bar fridge, WiFi, an iPod docking station, complimentary wired high-speed internet access and a tea/coffee making facility.

www.newkingshotel.co.za

Premier Hotel Cape Manor
This hotel, situated in Sea Point and a half block up from the Atlantic Ocean, offers a range of rooms, suites and self-catering apartments with views of Lion’s Head or the Atlantic Ocean. All rooms are air-conditioned, and have TV and a tea/coffee-making facility. The hotel has a bar, a swimming pool and WiFi. Numerous restaurants are close by.

www.capemanor.co.za

For further information, contact:

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### Conference COMMITTEES

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- **Dr. Jane Barratt**
  Secretary General, International Federation on Ageing
- **Sylvia Beales**
  Head of Strategic Alliances, HelpAge International
- **Dr. John Beard**
  Director, Department of Ageing & the Life Course, World Health Organisation
- **Prof. Heung Bong Cha**
  Former Minister of Health and Welfare, Republic of Korea; President Elect, IAGG
- **Prof. Peng Du**
  Director, Academic Research Office, Remnin University; IAGG Regional Chair for Asia/Oceania
- **Prof. Alain Franco**
  Professor, University Hospital Nice, Secretary-General IAGG
- **Prof. Renato Maia Guimaraes**
  Professor, University Hospital Brasilia, Immediate Past President, IAGG
- **Prof. Sarah Harper**
  Director, Oxford Institute of Population Ageing, University of Oxford
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  Head, International Centre for Policies on Ageing
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  Director, Population Studies Centre, University of Michigan
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  Head, Centre for Research and Study of Aging, University of Haifa
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  Head, World Population Program and International Institute for Applied Systems Analysis
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  Emerging Populations Issues Advisor, Focal Point on Ageing, UNFPA
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  Professor, Davis School of Gerontology, University of Southern California
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  Chief, Department of Internal Medicine and Geriatrics, University Hospital, Toulouse; President IAGG

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  Economist, International Network for Studies in Technology, Environment, Alternatives, Development
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  President, International Longevity Centre-South Africa
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  Representative for East, West and Central Africa, HelpAge International
- **Jaco Hoffman**
  Principal, HelpAge International
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  Professor, Department of Human Ecology, University of Alberta; IAGG Regional Chair for North America
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  Professor, College of Medicine, University of Ibadan
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  Professor, Department of Psychology, North West University
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  Director, African Institute for Development Policy and President, Union for African Population Studies

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  Financial Director, Grandmothers Against Poverty and AIDS (GAPA)
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  President, International Longevity Centre-South Africa
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  Honorary Lecturer, Institute of Ageing in Africa, University of Cape Town
- **Jaco Hoffman**
  President, South African Gerontological Association
- **Dr. Refilwe Nancy Phaswana-Mafuya**
  Director, HIV/AIDS, STIs and TB Research, Human Sciences Research Council, South Africa
- **Dr. Brent Tipping**
  President, South African Geriatrics Society

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*International Association of Gerontology* 1956