



AFRICA AGEING

Beyond Madrid +10

1st Africa Region Conference of Gerontology and Geriatrics

17–20 October 2012 | Cape Town, South Africa



www.iagg.cmc-uct.co.za

Convened by the

International Association of Gerontology and Geriatrics (IAGG) Africa Region

In cooperation with the

- African Research on Ageing Network (AFRAN)
- South African Gerontological Association (SAGA)
- South African Geriatrics Society (SAGS)

In partnership with the

- African Union, Department of Social Affairs
- HelpAge International
- Oxford Institute of Population Ageing, University of Oxford
- United Nations Fund for Population Activities
- United Nations Programme on Ageing
- United Nations Economic Commission for Africa, Centre for Gender and Social Development
- World Demographic and Ageing Forum
- World Health Organization, Department of Ageing and the Life Course
- African Population and Health Research Center

Local Conference Organiser

Institute of Ageing in Africa,
University of Cape Town (IAA at UCT)

Conference Secretariat

UCT Conference Management Centre

Welcome to the **Africa Ageing: Beyond Madrid +10 Conference**

Ten years after African governments adopted the UN Madrid International Plan of Action on Ageing and the African Union Policy Framework and Plan of Action on Ageing, this historic conference will, for the first time, bring together research, civil society, policy and practice role players from across Africa and beyond to deliberate on issues of ageing in the continent.

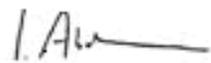
The Conference programme will provide a unique platform not only for knowledge transfer and cutting edge debate on the realities of old age and older persons in Africa's societies, but also to forge directions for addressing the challenges and harnessing the opportunities of ageing in the region.

More than 20 parallel sessions and convened symposia covering three tracks will address critical questions on the social, health, care and economic dimensions of ageing, while special round tables will explore avenues and approaches for advancing research and training on ageing in Africa. A dedicated half-day symposium on Geriatric Care in Africa will provide state-of-the-art instruction on key aspects of clinical and social care for older persons.

The four Conference plenary sessions featuring prominent African and international speakers will address issues of cross-cutting relevance to all dimensions of ageing in the continent.

An exciting social programme and professional site visits have been planned, in which you are invited to participate within the vibrant setting of Cape Town.

I greatly look forward to welcoming you to this unique Conference, where you will join colleagues from across Africa and further abroad in debating, building capacity, networking and setting agenda on 'Africa Ageing.'



Isabella Aboderin

Conference Convenor

REGISTER BY 20 JULY TO BENEFIT FROM THE
EXTENDED EARLY-BIRD REGISTRATION DEADLINE

Key SPEAKERS

Richard Blewitt

CEO, HelpAge International

Dr. Alex Ezeh

Executive Director, African Population and Health Research Center

Professor Alain Franco

Secretary General, IAGG

Professor Melvyn Freeman (tbc)

Director, Non-communicable Diseases Cluster, Department of Health, South Africa

Dr. Alex Kalache

President, International Longevity Centre Brazil

Rosemary Lane

United Nations Focal Point on Ageing

Professor Wolfgang Lutz

Head, World Population Program

Commissioner Lawrence Mushwana

Chairperson, South Africa Human Rights Commission

Thokozile Ruzvidzo

Director, African Centre for Gender and Social Development, United Nations Economic Commission for Africa

Professor Collette Suda

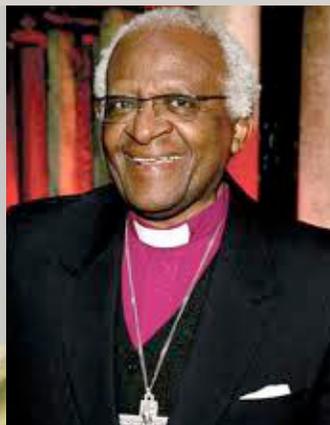
Secretary for Gender and Social Development, Kenya

Professor Bruno Vellas

President, IAGG

Representative, Office of the High Commissioner on Human Rights

United Nations



OVERVIEW OF PROGRAMME

WED 17 October	THUR 18 October	FRI 19 October	SAT 20 October
Registration	Registration	Registration	Registration
SIDE MEETINGS and FIELD VIST (optional)	PLENARY PANEL I	PLENARY PANEL III	SYMPOSIUM ON GERIATRIC CARE IN AFRICA
	Break	Break	
	PARALLEL SESSIONS	PARALLEL SESSIONS	
	Lunch	Lunch	Reception for Symposium Participants
	PARALLEL SESSIONS	PARALLEL SESSIONS	
	Break	Break	
Opening Ceremony	CONFERENCE DINNER	CLOSING PLENARY SESSION	
		Closing Ceremony	
OPENING PLENARY SESSION			
Welcome Reception	Conference Dinner		

Please view our website on how to register for the conference and for up-to-date information on confirmed speakers, presentations and session titles

(www.iagg.cmc-uct.co.za)

Programme HIGHLIGHTS

PLENARY SESSIONS

Opening Plenary

The aims of MIPAA and the AU Plan are to enhance the well-being of older people in Africa. Through the voices of a spectrum of older men and women, the opening plenary will provide for critical reflections on the impact of implementation of the plans on the lives of older Africans. In so doing, the session will bring key perspectives into focus for reflection and discussion during the remainder of the Conference.

Plenary Panel I: Health and Social Policy Action on Ageing in Africa

Drawing on analyses by high-level representatives of global, inter-governmental and civil society bodies, the panel will examine contexts, barriers and drivers that shape health and social policy action on ageing in the continent. Directions and opportunities will be identified for advancing action in these domains in the coming years.

Plenary Panel II: Human Rights and Older Persons in Africa

This panel will assess regional developments on human rights of older persons in Africa, and identify key challenges to, and opportunities for ensuring their realisation within national policy and social contexts. Discussion will identify a role, moreover, for Africa in advancing the global initiative on a UN convention on human rights of older persons.

Closing Plenary

A prestigious International Longevity Centre (ILC) Robert Butler Memorial lecture will be given in this Plenary to honour the legacy and contribution of Dr Butler to our understanding of challenges and opportunities of longevity, health and ageing for societies and individuals. Invited speakers will then reflect incisively on outcomes of the Conference, and propose agendas to advance knowledge and action on ageing in Africa.



PARALLEL SESSIONS

Convened Symposia

Track 1: Participation and Development

- Social protection programmes for older people: impacts and lessons learnt
Convenor: HelpAge International

Track 2: Health and Health Care

- Adapting health services in Africa for non-communicable diseases in older persons
Convenor: Prof. Robert Cumming, School of Public Health, University of Sydney
- Health and functioning in older Africans: evidence from WHO's SAGE
Convenor: Dr. Paul Kowal, Department of Health Statistics and Health Information Systems, World Health Organization
- The "big five" geriatric syndromes: epidemiology and responses in Africa
Convenor: Prof. Bilkish Cassim, Department of Geriatrics, University of KwaZulu Natal
- Dementia in Africa
Convenor: Cochrane Dementia Group, Oxford, UK
- Nutrition and health in old age
Convenor: Prof. Karen Charlton, School of Health Sciences, University of Wollongong

Track 3: Environments and Communities

- Elder abuse in Africa
Convenor: International Network for the Prevention of Elder Abuse (INPEA)
- Long-term care services for older persons: sound practice in Africa
Convenor: Geratec

Paper Sessions

- Older persons caring for younger generations
- Pensions, retirement and well-being
- Old age poverty in rural and urban contexts
- Socio-economic inequality in the older population
- Older persons as agents of change in the context of poverty and HIV/AIDS

- Ageing well: resilience and quality of life
- Drivers and risk of a non communicable disease epidemic in the older population
- Ageing of the HIV/AIDS epidemic: trends, experiences, responses
- Older persons' access to health care: understanding patterns and barriers

- African families caring for their elders
- Care in the community: what approaches work?
- Institutional care in Africa – realities and experiences

Special Round Tables

- Advancing gerontological and geriatric training in Africa
- Building longitudinal and nationally representative evidence on ageing in Africa
- Research on ageing, families and societies in Africa: refining concepts and agendas

Symposium on Geriatric Care in Africa

Modules:

- Osteoporosis and falls
- Management of non-communicable diseases in older persons: specific clinical considerations
- Extra pyramidal disorders in older persons
- The frailty syndrome
- Current concepts in the management of delirium
- Legal perspectives in the practice of Geriatric Medicine



Conference VENUE

The venue for the Conference is the **Protea Hotel President**, a four-star hotel and conference centre on the Bantry Bay Beachfront. The hotel has excellent facilities, and offers well-appointed accommodation in 349 air-conditioned rooms facing either the Atlantic Ocean or Lion's Head. The hotel is situated 5 minutes from the Victoria & Alfred Waterfront (a shuttle service is available), 5 minutes from Clifton and Camps Bay beaches, and 10 minutes from the Table Mountain Cable Way.



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Web: www.proteahotels.com/protea-hotel-president.html



Cape Town

Cape Town is a vibrant, cosmopolitan city, and one of the world's top tourist and convention destinations. A melting pot of African, European, Middle Eastern and Far Eastern influences, the city has a rich cultural legacy and historic built environment. Landmarks include Robben Island (a World Heritage site), the Victoria & Alfred Waterfront, the Planetarium, the South African National Gallery, the Houses of Parliament, the Two Oceans Aquarium, the Bo Kaap, and several museums and craft markets.

Presided over by majestic Table Mountain, the Mother City's scenic beauty and diversity are seen in its national parks, at the Kirstenbosch National Botanical Garden, and at the beaches and in the nearby Cape Winelands.

Getting there

Direct flights to Cape Town are operated from several European, Middle East and Latin American cities. Other flights are routed through Joburg.

Accommodation

A block booking of rooms for Conference delegates is being held at the Protea President Hotel – the Conference venue. A range of accommodation in different price categories has been secured at nearby hotels as listed on the right.

Accommodation reservations should be made with the hotel directly. Please refer to the Accommodation Booking Form for rates.



Protea Hotel President

This 4-star hotel, the Conference venue, is situated in Bantry Bay, a block up from the Atlantic Ocean. It offers 349 spacious, well-appointed rooms with views of either the Lion's Head mountain range or the ocean. All rooms are air-conditioned, and have a safe, satellite TV, internet access and a tea/coffee making facility. The hotel has a business centre, a travel desk, a restaurant, an outdoor swimming pool and a fitness centre.

www.proteahotels.com/president



Protea Hotel Sea Point

This 3-star hotel is situated in Sea Point, a half block up from the Atlantic Ocean and promenade. The hotel has 124 rooms with balconies with partial views of Lion's Head and the Atlantic Ocean. All rooms are air-conditioned, and have a safe, satellite TV, a bar fridge and a tea/coffee making facility. The hotel has a business centre, a restaurant, a coffee shop, an outdoor swimming pool, a fitness centre and complimentary internet access in public areas.

www.proteahotels.com/protea-hotel-sea-point.html



New Kings Hotel

This hotel is situated in Main Road, Sea Point, and offers views of Lions Head, Table Mountain and the Atlantic Ocean. The hotel has a range of rooms and suites, each air-conditioned and with a bar fridge, WiFi, an iPod docking station, complimentary wired high-speed Internet access and a tea/coffee making facility.

www.newkingshotel.co.za



Peninsula All-Suite Hotel

This Hotel, diagonally opposite the Conference venue, offers varied size suites with self-catering facilities, and views of the Atlantic Ocean or Lion's Head. The studio suites, mini suites, luxury suites and super luxury suites have different features. The hotel offers various business services and a complimentary shuttle (8 mile radius), and has a restaurant, swimming pools and a fitness centre.

www.peninsula.co.za



Premier Hotel Cape Manor

This hotel, situated in Sea Point and a half block up from the Atlantic Ocean, offers a range of rooms, suites and self-catering apartments with views of Lion's Head or the Atlantic Ocean. All rooms are air-conditioned, and have TV and a tea/coffee-making facility. The hotel has a bar, a swimming pool and WiFi. Numerous restaurants are close by.

www.capemanor.co.za

For further information, contact:



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Dr. Jane Barratt

Secretary-General, International Federation on Ageing

Sylvia Beales

Head of Strategic Alliances, HelpAge International

Dr. John Beard

Director, Department of Ageing & the Life Course, World Health Organisation

Prof. Heung Bong Cha

Former Minister of Health and Welfare, Republic of Korea;
President Elect, IAGG

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Director, Academic Research Office, Remnin University;
IAGG Regional Chair for Asia/Oceania

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Professor, University Hospital Nice, Secretary-General IAGG

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Immediate Past President, IAGG

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Director, Population Studies Centre, University of Michigan

Rosemary Lane

Focal Point on Ageing, United Nations

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Head, World Population Program and
International Institute for Applied Systems Analysis

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Emerging Populations Issues Advisor, Focal Point on Ageing, UNFPA

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Scientific Programme Committee

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IAGG Regional Chair for North America

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Professor, Department of Psychology, North West University

Dr. Eliya Zulu

Director, African Institute for Development Policy and
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