

The International Alliance of Research Universities (IARU) Ageing, Longevity & Health initiative (IARU-ALH) is one of the earliest joint research initiatives formed by the Alliance. The group aims to provide novel insights and solutions to one of the greatest challenge and triumph of the 21st century by leverageing the multidisciplinary expertise of its members. The initiative addresses biological, psycho-social, cultural and public health policy issues arising from the unprecedented demographics shift associated with the global longevity transition.

Aligned with IARU's commitment to promote sustainability, IARU-ALH was established as an interdisciplinary platform for research, education & capacity building, and intervention.

The group takes a life course and population-wide health perspective to help mitigate the negative impact of demographic change and seize the opportunities afforded by a longer life. The overarching aim is to identify equitable and sustainable solutions that will prevent health and ageing inequalities across the world. That includes supporting low and middle income countries in developing their capacity to respond to the challenges of an ageing population.

IARU-ALH focus areas are on the importance of the positive views of ageing:

Individuals

Community

- Healthy Ageing
- Active Ageing
- Productive Ageing

Changing Demographic, Social and Healthy Ageing

Cohorts, Cognition and Healthy Ageing

Biology of Ageing

Policy & Knowledge Translation



Partner Universities: University of Copenhagen · Australian National University · National University of Singapore · The University of Tokyo · University of Cambridge · University of Oxford · University of California, Berkeley · Peking University · University of Cape Town